Session 5: Trauma Informed Practice (TIP)

Work through the slides on the Trauma Informed Practice



 Trauma Informed Practice Training - Videos

ACTIVITY

The Trauma Informed Level 1 training is a starting block for all new teachers.

This activity involves watching 2 videos, which should take around 20 minutes in total.

**These videos cover traumatic topics such as childhood sexual abuse and domestic abuse, so it is important to look after yourself as you watch them. Please take breaks if you need to.**

**Video One: Opening Doors -**

This video explains why trauma is everyone’s business. It is designed to support anyone to become trauma-informed, regardless of the job role.

[**Opening Doors: Trauma Informed Practice for the Workforce on Vimeo**](https://vimeo.com/274703693)

**Video Two: Sowing Seeds -**

This video is aimed at anyone who works with children and young people. It explains the impact of trauma and how to make positive adaptations to the lives of those affected by trauma.

[**Sowing Seeds: Trauma Informed Practice for Anyone Working with Children and Young People on Vimeo**](https://vimeo.com/334642616)

CASE STUDY ACTIVITY

reflecting on the videos, consider the classes you teach.

EXPLAIN HOW YOU WOULD use TIP to inform the three areas of PRactice below

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|  **Planning**  |
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|  **Teaching**  |
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|  **Classroom Environment** |
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 MENTOR MEETING ACTIVITY

In your mentor meeting discuss the learning you have taken away from the TIP session. Reflect and discuss with your mentor the question below:

* How will you use the TIP approach to inform your planning and teaching?
* How will you use the TIP approach for the classroom environment?

Following this discussion, record any actions/areas for development.